



# Trafford Veterans

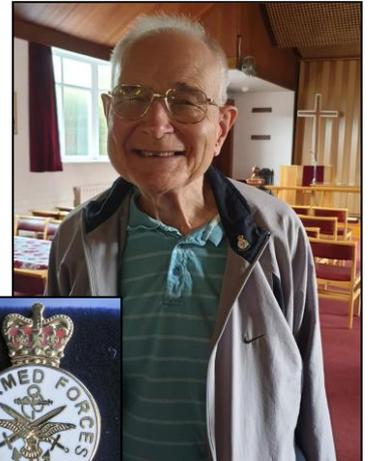
**MAKING A DIFFERENCE IN THE COMMUNITY**

AUGUST NEWSLETTER

## Armed Forces Veterans Badge

This month we are delighted that Roy has received his veteran's badge. He served in the 1950's in the Royal Army Medical Corps as part of his national service. He did not see himself as a veteran! We told him otherwise and gave him the details to apply for his badge. He is now proudly wearing it on his coat! Below is also a link to the application on the Government website.

<https://www.gov.uk/apply-medal-or-veterans-badge>



## Walking Football Kit

A few months back we were successful with an application to Trafford Housing Trust for a small grant to buy some football kits and other equipment. With the help of the kitman at Altrincham FC, we have come up with a design. What do you think?

## Allotment Update

Weather permitting, each Sunday we have a team of volunteers who meet at our allotment in Sale Moor. It is a large plot which has vegetables on one side and fruit trees on the other, so there is always plenty of work to do! We welcome new team members, so if you have green fingers or would just like to come down and have a cup of tea / coffee and reap the benefits of being outdoors, then we would love to meet you. The plot has a bit of a military twist. Here are a few photos of the nods to the armed forces!

**TRAFFORD VETERANS**  
COMMUNITY ALLOTMENT

Come and join us for a brew and some gardening!  
Sundays 1-3pm

Sundays 1-3pm  
Warlsow Drive,  
Sale,  
M33 2XN





# Trafford Veterans

## Merchandise

We are delighted that our new Chairman has introduced us to the world of merchandise! We now have a range of polo shirts, hoodies with or without zips, pens, and pin badges. There is a new Facebook page for the merchandise which can be found at **Trafford Veterans Merchandise**.

Here is a list of prices.

<b>Pens</b>	<b>£1.50</b>
<b>Pin Badges</b>	<b>£3</b>
<b>T shirts</b>	<b>£12</b>
<b>Polos</b>	<b>£15</b>
<b>Hoodies with or without zip</b>	<b>£21</b>



These items can also be found at our breakfast events and you can also contact us if you would like to place an order.



## Helping others.....



This month, we answered a call for help from the North West team at The Poppy Factory, who support wounded injured and sick veterans back into employment. A few months back we started a collection of suits and smart attire to help veterans who are going for job interviews. We were delighted to be able to assist by providing a suit and also some new shirts and socks.

**We wish him well with his new employment**





# Trafford Veterans

## Model making and craft group

Sadly this month we said goodbye to Jackie a member of our craft group who suddenly passed away. Five ladies from our group attended the funeral at Altrincham Crematorium on Friday 23<sup>rd</sup> August. She was a lovely character and will be missed by us all. Our thoughts are with her family and friends, may she rest in peace.



The model group have been kindly donated a box of model paints by Royal Navy veteran Mo, so a big THANK YOU!

We would also like to say THANK YOU to a lady called Sue from Ashton on Mersey who has made a donation of crafting materials and also a personal donation to the group of £30. This will go towards general equipment we need to keep our groups running.



If you would like to join in the model or craft group, then we would love to see you. We are at St Matthew's Church Hall Monday evenings from 7-9pm. The cost is £2 per person which includes materials, model kits and also refreshments. Here are a few photos of some of the latest creations.



## John Alker Quiz Night



On the second Thursday of each month, the John Alker hold a fundraising quiz night for community groups and charities. This month we were the lucky recipients of the funds raised. We managed to enter 3 teams and it was an enjoyable evening for all involved. A huge THANK YOU to the club and the guys who run the quiz for helping us to raise £119. This will go towards kit and equipment needed to keep our groups running or helping veterans in need.



# Trafford Veterans

## A word from the Co-Founders!

At this month's breakfast, Co-founders Chris and Claire were presented with a lovely surprise gift from all the members of Trafford Veterans. This was a thank you from the members for the work and commitment that they put into the group. The gift was a meal voucher, flowers a bottle of champagne and a silver engraved plate.



They would just like to say a huge THANK YOU! It came

as a big shock. It is the people that are important and by providing the peer support activities is their way of giving something back to the community in which they live. Not only this, it is a form of therapy to help others and share their own experiences. It was a lovely surprise to have been awarded a token of their appreciation.

**THANK YOU to Karen Herman Wright for taking the photographs**



## Foodshare Coffee Morning

Each Friday from 1000 til 1200 volunteers Gaynor, Norma, Wendy and Chris run a coffee morning and food share event at Partington Community Centre on Central Road. There have been a few visitors so far but we could do with some help spreading the word. This event is made possible by Aldi and the COOP who donate surplus food, which we can then distribute to people in the community who may be able to make good use of it. Each week it is different and this week we had a lot of fruit and veg!

Why not call in for a brew and a chat.

**Coffee and Foodshare Morning**

Join us for refreshments, and a friendly chat and take home a bag of food courtesy of ALDI.  
£3 per person

Fridays 10 - 12 Noon  
Partington Community Centre  
Central Road  
M31 4EY  
Why not call in we have shedloads of bottles of water!!!!





# Trafford Veterans

## Useful Contacts

**Royal British Legion** Helpline 0808 802 8080 7 days a week 8am -8

**SSAFA** Helpline 0800 731 4880

**Trafford Housing Trust** Helpline 0300 777

**7777 Veterans UK** Free Helpline 0808 1914 218

**NHS Military Veterans Service** Psychological Therapy 0300 323 0707 Email [mviapt.enquiries.nw@nhs.net](mailto:mviapt.enquiries.nw@nhs.net)

**Citizens Advice Trafford** 0300 330 1153 Mon – Fri 10am – 4pm

**Samaritans** Manchester / Salford 0161 236 8000

**Military Mental Health Helpline** 0800 323 4444 24 hours

**Veterans Gateway** 0808 802 1212 [www.veteransgateway.org.uk](http://www.veteransgateway.org.uk)

**Royal Naval Association** – Meet on the 1st Tuesday of the month at 200 at Urmston Conservative Club, Crofts bank Road, Urmston, M41 0TZ

**Royal Air Force Association** – Meet on the 2<sup>nd</sup> Thursday of each month at 1330 at Sale Conservative Club, 161 Dane Road, Sale, M33 2NL

**Community Drop in Altrincham Tesco Community Room** – Friday 6<sup>th</sup> September 7 -9pm

**Next Breakfast Sat 21<sup>st</sup> September– John Alker, Flixton M416QY 10-12 noon**

We can Issue vouchers for the Trafford Foodbanks

Trafford Veterans is supported by:

**Trafford**  
Veterans Breakfast Club

**John Alker**  
**Memorial Hall**  
**Flixton Rd**  
**Flixton**  
**Manchester**  
**M41 6QY**

Meet  
Every 3<sup>rd</sup> Saturday of the Month  
1000 – 1200

*Good Food Good Company & Banter*

